

# JUST JACK

## Yuck (and Yum)

In *Just Jack*, Jack and his mum compete to think up the most disgusting-sounding dish (see page 18).

Now it's your turn to think of some yukky combinations . . .

The only rule is that all the ingredients must actually be food (no gravel or poo allowed!)



### Sandwich combinations

Example: Porridge, paprika and peanut butter.

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## Main courses

Example: Boiled grapes with chicken-liver gravy on toast.



## Puddings

Example: Curry-powder custard tart

# Yum!

Here is a simple cupcake recipe to which you can add whatever flavour you like. Add some suggestions of your own to the 'additional flavours list'!

## Ingredients

6 ounces of butter  
6 ounces of sugar  
6 ounces of self-raising flour  
3 eggs  
1 teaspoon of vanilla extract

Possible additional flavours:

- Cocoa powder (1 tablespoon)
- A diced apple or pear
- A mashed banana

## Method

- Melt the butter and combine with the sugar.
- Beat the eggs into the mixture until creamy.
- Add the vanilla extract.
- Sift the flour into the mixture and combine.
- Add your additional ingredient and then spoon the cake mixture into cupcake cases and bake in the oven (180 degrees) for around 10 –15 minutes. Test the cakes by inserting a knife into the centre – if it comes out clean then the cake is ready!